

Willingham and Over Community Warden Scheme

"I feel so reassured knowing someone is contacting me everyday to see how I am and have a chat"



"How did I cope before? Bits of shopping, sorting my post, watering plants, filling my bird feeder AND bringing me a cup of tea... Wonderful"

Make phone calls on your behalf, such as,
Pharmacy
GP
Energy Supplier

Flexible to support your needs.
Person centered service

Help you access other Professional Services, for example,
Occupational Therapist
Dentist
Optician

Another pair of eyes and ears, to check you are ok

**How can we help you?
Do you struggle with some of these things?**

Support you to access community groups and facilities

Phone call every weekday

Companionship, we can pop in for a chat

Practical errands, like,
Prescription collection
Post a letter
Essential shopping

Why not try it **FREE** for 2 weeks?
For more information call Joanne on 07812 496002



www.ageukcap.org.uk