

Community Lifeline Service



- Our clients are of any age
- Our service costs under £4.50/week (plus £30 installation)

If you live on your own or someone in your family lives alone, and you would like peace of mind knowing that help is at hand if it's needed, a Lifeline can help.

In case of emergency, a worn pendant connects you with a contact centre. The contact centre will call someone in your family, a friend, a neighbour, or the emergency services.

So, if something happens and you can't get to the phone, help will still be available at the touch of a button.

The Enhanced Response Service operating in South Cambridgeshire is for non-medical emergencies; if you fall and are unable to get up, they will be called to help you.

"The lifeline service lets me live independently knowing I can call someone in an emergency."

Melbourn Lifeline customer

Find out more about our Community Lifeline Service across the district

 01954 713 470 / 01954 713 370  www.scambs.gov.uk/lifelines



Help at home



If you need support to live independently at home, the Council has a number of services that can help you.

"That phone call every day to check on me gives me such a great deal of security."

You can't believe what a phone call can mean at my age."

Local client

Community wardens



- We have clients of all ages
- A small fee is payable

For a small weekly fee, community wardens provide ongoing, indefinite support to help you continue living independently in your home.

Wardens are a regular, friendly, helpful contact. They can offer daily contact by telephone and a weekly drop in if needed, and help you with tasks around the house, such as:

- Making a light lunch
- Delivering a meal like a Fish 'n' Chips treat
- Helping to complete forms
- Doing light shopping such as a pint of milk and loaf of bread
- Delivering prescriptions
- Connecting you to other support services
- Providing support and companionship

The warden schemes are complementary to statutory care services and don't duplicate or replace the medical or social care services that individuals may need.

Find out more about our community warden schemes across the district

 01954 713 000  www.scambs.gov.uk/mobile-warden-scheme

Visiting Support Service



- Our clients are aged 65 and over
- This service is free

Our free, short-term support service provides confidential, emotional, financial and practical support to help you continue living independently.

You can refer yourself, or family, friends or GPs may refer you to us. We'll perform a needs and risk assessment to work out how we can support you best.

The Visiting Support Service can help with:

- **Your finances** – looking at debt, budgeting, claiming benefits, managing your tenancy, setting up payment plans
- **Your health** – help to find you the care and support you may need with personal care, shopping, gardening; anxiety, depression, memory problems; or to access doctors and other medical care
- **Tackling loneliness and isolation** – ideas to get active, to feel less lonely and isolated, to be more sociable, to get out and about more

We can help you find a day centre or social club, learn new skills, and find new exercise or social groups.

Find out more about our Visiting Support Service across the district

 01954 713 000  www.scambs.gov.uk/visiting-support-service